

# **Satin Balls**

I use this recipe to put weight on dogs, which it does pretty quickly. They're rich, so I usually mix with kibble for meals. I also break up the balls and use them for training.

All ingredients are uncooked – RAW – and served raw.

# Satin Balls for Little Dogs -- or to try out recipe on your dog to see if he will eat it.

1 lb cheap hamburger (for high fat %)

1 and 1/3 cups Total cereal

1 and 1/2 cups uncooked oatmeal

1 raw egg

6 Tablespoons wheat germ

1 package Knox unflavored gelatin

2 Tablespoons vegetable oil

2 Tablespoons unsulfured molasses

Pinch of salt

### Satin Balls Full Recipe

10 lbs cheap hamburger (high fat %)

1 large box Total cereal (about 12 cups cereal)

1 large box uncooked oatmeal (about 15 cups oats)

10 raw eggs

1 15oz jar wheat germ

10 packages Knox unflavored gelatin

1 and 1/4 cup vegetable oil

1 and 1/4 cup unsulfured molasses

Pinch of salt

### Satin Balls Half Recipe

5 lbs cheap hamburger (for high fat %)

1/2 large box Total cereal (about 6 cups cereal)

1/2 large box uncooked oatmeal (about 7.5 cups

oats)

5 raw eggs

1/2 of 15oz jar wheat germ (about 2 cups)

5 packages Knox unflavored gelatin

5/8 cup vegetable oil (this is pretty close to 2/3 cup)

5/8 cup unsulfured molasses

Pinch of salt

#### Notes:

- I use a plastic kitchen trash bag unscented to mix a full recipe. I don't have a bowl that large.
- "Whole Wheat Total" cereal (blue box) comes in large 1 lb 2 oz size (about 12 cups settled) and a smaller 12 oz size (about 8 cups cereal), which would work in Little Dog or Half Recipe. But in the long run, the large size is more economical. Don't get Raisin Total or Lo Carb. Total.
- Uncooked Oatmeal like "Quaker Old Fashioned Oats" and less expensive supermarket house brand, come in large 2 lb 10oz size (15 cups oats) or smaller 18 oz size (about 7 cups oats).
- 15oz jar of wheat germ is about 4 cups. Some stores only carry a 12oz jar of wheat germ, which contains about 3 and 1/4 cups of it.
- Vegetable oil -- use a good one. I use olive oil.
- I freeze the balls and thaw what I need in the refrigerator.